Bib#	Last Name	First Name	Sex	Team Name	Laps Comp Finishing Time	Split Times
	90 Mulhearne	Hugh Og	Male	Panduit Carrick Wheelers	3	00:27:26 Lap 1: 00:09:07.28 Lap 2: 00:09:06.43 Lap 3: 00:09:11.73
	18 Woods	Jack	Male	Carlow RCC	3	00:28:34 Lap 1: 00:09:24.58 Lap 2: 00:09:29.36 Lap 3: 00:09:39.19
	33 O Connor	Philip	Male	Dungarvan CC	3	00:29:02 Lap 1: 00:09:26.19 Lap 2: 00:09:45.05 Lap 3: 00:09:50.23
	148 O Sullivan	Ciaran	Male	Greenmount CA	3	00:29:11 Lap 1: 00:09:42.50 Lap 2: 00:09:40.74 Lap 3: 00:09:47.00
	93 O Keeffe	Ben	Male	Killarney Cycling Club	3	00:29:42 Lap 1: 00:09:45.77 Lap 2: 00:09:49.53 Lap 3: 00:10:06.34
	29 Fitzgerald	Maximilian	Male	Dungarvan CC	3	00:30:34 Lap 1: 00:09:58.05 Lap 2: 00:08:23.05 Lap 3: 00:12:12.56
	17 Cloney	Cillian	Male	Comeragh CC	3	00:30:54 Lap 1: 00:10:28.84 Lap 2: 00:10:15.02 Lap 3: 00:10:09.40
	101 O Mahony	John	Male	Newcastle West Cycling Club	3	00:30:54 Lap 1: 00:10:23.73 Lap 2: 00:10:19.53 Lap 3: 00:10:10.31
	49 Buckley	Nicholas James	Male	Sliabh Luachra Cycling Club	3	00:31:54 Lap 1: 00:10:38.30 Lap 2: 00:10:21.66 Lap 3: 00:10:53.62
	146 Collins	Diarmuid	Male	Newcastle West Cycling Club	3	00:31:55 Lap 1: 00:10:32.54 Lap 2: 00:10:29.43 Lap 3: 00:10:52.30
	115 Murphy	Kate	Female	Sliabh Luachra Cycling Club	3	00:32:27 Lap 1: 00:10:44.41 Lap 2: 00:10:48.44 Lap 3: 00:10:53.85
	38 O Brien	Darragh	Male	Comeragh CC	3	00:32:51 Lap 1: 00:10:44.79 Lap 2: 00:10:52.24 Lap 3: 00:11:13.51
	39 Flavin	Ami	Female	Dungarvan CC	3	00:33:35 Lap 1: 00:11:10.58 Lap 2: 00:11:05.86 Lap 3: 00:11:18.06
	105 Sheehan	Colin	Male	O'Leary Stone Kanturk	3	00:33:52 Lap 1: 00:10:56.99 Lap 2: 00:11:24.95 Lap 3: 00:11:29.59
	91 O callaghan	Oran	Male	O'Leary Stone Kanturk	3	00:36:27 Lap 1: 00:12:01.27 Lap 2: 00:11:58.92 Lap 3: 00:12:26.18
	106 Dennehy-O Sullivan	Hannah	Female	Sliabh Luachra Cycling Club	3	00:38:11 Lap 1: 00:12:34.26 Lap 2: 00:12:34.74 Lap 3: 00:13:01.63