

Round 3 League CX Ladies "A" Race 2021 Upper Drombane

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Laps	Speed	Division Rank	
1	GRACE YOUNG (ALL HUMAN/VELOREVOLUT)		F: 1	CYCLIST	38	Laps: 6 00:44:12.70	6	N/A	Overall Female Cyclist: 1	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:07:01.570		06:36	9.1mph	00:07:01.570
				Split 2		00:07:12.055		06:46	8.9mph	00:14:13.625
				Split 3		00:07:23.078		06:56	8.6mph	00:21:36.703
				Split 4		00:07:28.111		07:01	8.5mph	00:29:04.814
				Split 5		00:07:32.203		07:05	8.5mph	00:36:37.017
				Split 6		00:07:35.686		07:08	8.4mph	00:44:12.703
2	MARCIA SALVADOR (TC)		F: 2	CYCLIST	62	Laps: 6 00:48:30.30	6	N/A	Overall Female Cyclist: 2	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:07:31.466		07:04	8.5mph	00:07:31.466
				Split 2		00:07:55.386		07:27	8.0mph	00:15:26.852
				Split 3		00:07:57.582		07:29	8.0mph	00:23:24.434
				Split 4		00:08:11.432		07:42	7.8mph	00:31:35.866
				Split 5		00:08:13.805		07:44	7.7mph	00:39:49.671
				Split 6		00:08:40.637		08:09	7.3mph	00:48:30.308
3	NIAMH O'DWYER (UN-ATTACHED LEINSTER)		F: 3	CYCLIST	362	Laps: 5 00:50:00.01	5	N/A	Overall Female Cyclist: 3	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:10:38.042		10:00	6.0mph	00:10:38.042
				Split 2		00:09:25.702		08:52	6.8mph	00:20:03.744
				Split 3		00:09:34.421		09:00	6.7mph	00:29:38.165
				Split 4		00:10:00.694		09:25	6.4mph	00:39:38.859
				Split 5		00:10:21.153		09:44	6.2mph	00:50:00.012