



Carrick Wheelers CX "A" Race 2021

Place	Name (Team)	Gender	Type	Bib #	Time	Laps	Speed	Division Rank
1	SEAN NOLAN (NAVAN ROAD CLUB)	M: 1	CYCLIST	14	Laps: 7 00:52:07.55	7	N/A	Overall Male Cyclist: 1
					<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u> <u>Cumulative</u>			
					Split 1 00:07:36.839 05:06 11.8mph 00:07:36.839			
					Split 2 00:07:24.504 04:58 12.1mph 00:15:01.343			
					Split 3 00:07:21.347 04:55 12.2mph 00:22:22.690			
					Split 4 00:07:30.231 05:01 11.9mph 00:29:52.921			
					Split 5 00:07:28.588 05:00 12.0mph 00:37:21.509			
					Split 6 00:07:32.628 05:03 11.9mph 00:44:54.137			
					Split 7 00:07:13.413 04:50 12.4mph 00:52:07.550			
2	TIMOTHY O'REGAN (TEAM)	M: 2	CYCLIST	15	Laps: 7 00:52:13.77	7	N/A	Overall Male Cyclist: 2
					<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u> <u>Cumulative</u>			
					Split 1 00:07:37.411 05:06 11.7mph 00:07:37.411			
					Split 2 00:07:23.133 04:57 12.1mph 00:15:00.544			
					Split 3 00:07:25.570 04:58 12.0mph 00:22:26.114			
					Split 4 00:07:26.100 04:59 12.0mph 00:29:52.214			
					Split 5 00:07:29.695 05:01 11.9mph 00:37:21.909			
					Split 6 00:07:31.592 05:02 11.9mph 00:44:53.501			
					Split 7 00:07:20.271 04:55 12.2mph 00:52:13.772			
3	RICHARD BARRY (ST. FINBARRS CC)	M: 3	CYCLIST	126	Laps: 7 00:53:05.48	7	N/A	Overall Male Cyclist: 3
					<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u> <u>Cumulative</u>			
					Split 1 00:07:38.217 05:07 11.7mph 00:07:38.217			
					Split 2 00:07:30.090 05:01 11.9mph 00:15:08.307			
					Split 3 00:07:33.931 05:04 11.8mph 00:22:42.238			
					Split 4 00:07:35.927 05:05 11.8mph 00:30:18.165			
					Split 5 00:07:32.210 05:03 11.9mph 00:37:50.375			
					Split 6 00:07:37.246 05:06 11.7mph 00:45:27.621			
					Split 7 00:07:37.866 05:07 11.7mph 00:53:05.487			
4	DAVID CONROY (SCO)	M: 4	CYCLIST	19	Laps: 7 00:53:50.53	7	N/A	:

		<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1	00:07:52.430	05:16	11.4mph	00:07:52.430
		Split 2	00:07:16.080	04:52	12.3mph	00:15:08.510
		Split 3	00:07:42.386	05:10	11.6mph	00:22:50.896
		Split 4	00:07:43.653	05:10	11.6mph	00:30:34.549
		Split 5	00:07:47.222	05:13	11.5mph	00:38:21.771
		Split 6	00:07:41.223	05:09	11.6mph	00:46:02.994
		Split 7	00:07:47.538	05:13	11.5mph	00:53:50.532
5	CONOR HENNEBRY (MIG)	M: 5	CYCLIST	12	Laps: 7 00:54:52.84	7 N/A :
		<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1	00:07:36.611	05:06	11.8mph	00:07:36.611
		Split 2	00:07:32.110	05:03	11.9mph	00:15:08.721
		Split 3	00:07:59.025	05:21	11.2mph	00:23:07.746
		Split 4	00:07:42.522	05:10	11.6mph	00:30:50.268
		Split 5	00:07:49.908	05:15	11.4mph	00:38:40.176
		Split 6	00:08:05.682	05:25	11.1mph	00:46:45.858
		Split 7	00:08:06.991	05:26	11.0mph	00:54:52.849
6	JAMIE BLANCHFILED (PANDUIT CARRICK WHEEL)	M: 6	CYCLIST	21	Laps: 7 00:55:07.79	7 N/A :
		<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1	00:07:41.947	05:09	11.6mph	00:07:41.947
		Split 2	00:07:45.597	05:12	11.5mph	00:15:27.544
		Split 3	00:07:59.426	05:21	11.2mph	00:23:26.970
		Split 4	00:07:55.580	05:18	11.3mph	00:31:22.550
		Split 5	00:07:58.808	05:21	11.2mph	00:39:21.358
		Split 6	00:07:52.896	05:17	11.4mph	00:47:14.254
		Split 7	00:07:53.544	05:17	11.3mph	00:55:07.798
7	MARK PINFIELD (BLARNEY CYCLING CLUB)	M: 7	CYCLIST	17	Laps: 7 00:55:31.37	7 N/A M-40: 1
		<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1	00:08:04.772	05:25	11.1mph	00:08:04.772
		Split 2	00:07:50.629	05:15	11.4mph	00:15:55.401
		Split 3	00:07:52.509	05:16	11.4mph	00:23:47.910
		Split 4	00:07:52.081	05:16	11.4mph	00:31:39.991
		Split 5	00:07:58.937	05:21	11.2mph	00:39:38.928
		Split 6	00:07:57.437	05:20	11.2mph	00:47:36.365
		Split 7	00:07:55.013	05:18	11.3mph	00:55:31.378

					Split 6	00:08:24.162	05:38	10.6mph	00:49:29.512	
					Split 7	00:08:01.810	05:23	11.1mph	00:57:31.322	
12	JASON TRAVERS (DUNGARVAN CC)	M: 12	CYCLIST	16	Laps: 7			7	N/A	M-40: 3
										00:57:39.00
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
					Split 1	00:08:12.958	05:30	10.9mph		00:08:12.958
					Split 2	00:08:05.112	05:25	11.1mph		00:16:18.070
					Split 3	00:08:13.148	05:30	10.9mph		00:24:31.218
					Split 4	00:08:18.168	05:34	10.8mph		00:32:49.386
					Split 5	00:08:17.702	05:33	10.8mph		00:41:07.088
					Split 6	00:08:21.323	05:36	10.7mph		00:49:28.411
					Split 7	00:08:10.594	05:28	10.9mph		00:57:39.005
13	FRANK DOHERTY (KILLARNEY CYCLING CLUB)	M: 13	CYCLIST	122	Laps: 7			7	N/A	M-30: 2
										00:57:39.40
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
					Split 1	00:08:16.872	05:33	10.8mph		00:08:16.872
					Split 2	00:08:09.337	05:28	11.0mph		00:16:26.209
					Split 3	00:08:22.611	05:37	10.7mph		00:24:48.820
					Split 4	00:08:02.324	05:23	11.1mph		00:32:51.144
					Split 5	00:08:16.760	05:33	10.8mph		00:41:07.904
					Split 6	00:08:22.428	05:36	10.7mph		00:49:30.332
					Split 7	00:08:09.073	05:27	11.0mph		00:57:39.405
14	JOSEPH DONWORTH (LIMERICK CYCLING CLUB)	M: 14	CYCLIST	121	Laps: 7			7	N/A	M-30: 3
										00:57:52.49
					<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>		<u>Cumulative</u>
					Split 1	00:08:13.561	05:30	10.9mph		00:08:13.561
					Split 2	00:08:03.909	05:24	11.1mph		00:16:17.470
					Split 3	00:08:13.345	05:30	10.9mph		00:24:30.815
					Split 4	00:08:19.929	05:35	10.7mph		00:32:50.744
					Split 5	00:08:16.945	05:33	10.8mph		00:41:07.689
					Split 6	00:08:23.247	05:37	10.7mph		00:49:30.936
					Split 7	00:08:21.554	05:36	10.7mph		00:57:52.490

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Place	Name (Team)	Gender	Type	Bib #	Time	Laps	Speed	Division Rank
15	JOHN COLLINS (VERGE SPORT PI CYCLES)	M: 15	CYCLIST	124	Laps: 7 00:58:59.87	7	N/A	M-40: 4
					<u>Split Description</u>		<u>Speed</u>	<u>Cumulative</u>
					Split 1		10.8mph	00:08:15.511
					Split 2		11.1mph	00:16:18.298
					Split 3		10.9mph	00:24:30.062
					Split 4		10.8mph	00:32:48.870
					Split 5		9.9mph	00:41:53.320
					Split 6		10.4mph	00:50:29.652
					Split 7		10.5mph	00:58:59.874
16	DAVID O SULLIVAN (ST. FINBARRS CC)	M: 16	CYCLIST	123	Laps: 7 00:59:06.63	7	N/A	M-40: 5
					<u>Split Description</u>		<u>Speed</u>	<u>Cumulative</u>
					Split 1		10.7mph	00:08:23.261
					Split 2		10.7mph	00:16:44.638
					Split 3		10.5mph	00:25:14.151
					Split 4		10.5mph	00:33:46.205
					Split 5		10.5mph	00:42:15.190
					Split 6		10.6mph	00:50:41.451
					Split 7		10.6mph	00:59:06.633
17	PAUL BIRCHALL (VERGE SPORT PI CYCLES)	M: 17	CYCLIST	18	Laps: 7 00:59:21.02	7	N/A	M-50 / M60: 2
					<u>Split Description</u>		<u>Speed</u>	<u>Cumulative</u>
					Split 1		10.6mph	00:08:25.732
					Split 2		10.5mph	00:16:56.972
					Split 3		10.6mph	00:25:24.646
					Split 4		10.5mph	00:33:54.378
					Split 5		10.5mph	00:42:28.084
					Split 6		10.5mph	00:50:57.473
					Split 7		10.7mph	00:59:21.023
18	STEPHEN ALLEN (ST. FINBARRS CC)	M: 18	CYCLIST	11	Laps: 7 00:59:29.94	7	N/A	M-40: 6
					<u>Split Description</u>		<u>Speed</u>	<u>Cumulative</u>
					Split 1		10.4mph	00:08:35.096
					Split 2		10.6mph	00:17:01.489
					Split 3		10.6mph	00:25:26.182
					Split 4		10.6mph	00:33:55.048
					Split 5		10.4mph	00:42:28.913

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Place	Name (Team)	Gender	Type	Bib #	Time	Laps	Speed	Division Rank
22	DAVID BAILEY (MIDLETON CTC)	M: 22	CYCLIST	106	Laps: 6 00:53:53.67	6	N/A	M-50 / M60: 4
					<u>Split Description</u>		<u>Speed</u>	<u>Cumulative</u>
					Split 1		10.4mph	00:08:34.874
					Split 2		10.3mph	00:17:14.354
					Split 3		10.0mph	00:26:10.570
					Split 4		10.0mph	00:35:09.215
					Split 5		9.6mph	00:44:28.705
					Split 6		9.5mph	00:53:53.671
23	KENNY BUCKE (KILCULLEN CYCLING CLU)	M: 23	CYCLIST	128	Laps: 6 00:57:08.24	6	N/A	M-40: 8
					<u>Split Description</u>		<u>Speed</u>	<u>Cumulative</u>
					Split 1		8.1mph	00:11:06.431
					Split 2		9.8mph	00:20:14.290
					Split 3		9.8mph	00:29:24.768
					Split 4		9.7mph	00:38:40.578
					Split 5		9.8mph	00:47:49.279
					Split 6		9.6mph	00:57:08.243
24	LIAM KENNEDY (GREENMOUNT CA)	M: 24	CYCLIST	41	Laps: 4 00:42:39.17	4	N/A	M-50 / M60: 5
					<u>Split Description</u>		<u>Speed</u>	<u>Cumulative</u>
					Split 1		9.0mph	00:09:54.349
					Split 2		8.5mph	00:20:27.646
					Split 3		7.9mph	00:31:50.284
					Split 4		8.3mph	00:42:39.170
DNF	JOHN DEMPSEY (VERGE SPORT PI CYCLES)	M: 25	CYCLIST	7	Laps: 3 00:27:36.54	3	N/A	:
					<u>Split Description</u>		<u>Speed</u>	<u>Cumulative</u>
					Split 1		10.1mph	00:08:50.530
					Split 2		9.8mph	00:17:58.457
					Split 3		9.3mph	00:27:36.541