

# "B" Race St.Finbarrs CX 2019

Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed
1	LUIS MOTA		M: 1	Cyclist	70	Laps: 4 00:39:47	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:08:54.422 05:58 10.0mph		
						Split 2 00:09:46.521 06:33 9.2mph		
						Split 3 00:10:14.270 06:51 8.7mph		
						Split 4 00:10:51.397 07:16 8.2mph		
2	STEPHEN MCGRATH		M: 2	Cyclist	46	Laps: 4 00:44:26	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:09:44.052 06:31 9.2mph		
						Split 2 00:10:58.265 07:21 8.2mph		
						Split 3 00:11:44.809 07:52 7.6mph		
						Split 4 00:11:58.930 08:02 7.5mph		
3	JOHN FLYNN		M: 3	Cyclist	62	Laps: 4 00:44:35	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:10:11.702 06:50 8.8mph		
						Split 2 00:10:54.961 07:19 8.2mph		
						Split 3 00:11:24.212 07:38 7.8mph		
						Split 4 00:12:03.319 08:05 7.4mph		
4	THOMAS O'CONNOR		M: 4	Cyclist	75	Laps: 4 00:44:37	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:10:03.660 06:44 8.9mph		
						Split 2 00:10:57.487 07:20 8.2mph		
						Split 3 00:11:35.514 07:46 7.7mph		
						Split 4 00:11:59.759 08:02 7.5mph		
5	THOMAS HAYES		M: 5	Cyclist	57	Laps: 4 00:44:54	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:10:06.284 06:46 8.9mph		
						Split 2 00:11:02.696 07:24 8.1mph		
						Split 3 00:11:39.093 07:48 7.7mph		
						Split 4 00:12:05.354 08:06 7.4mph		
6	SEAN DRISCOLL		M: 6	Cyclist	74	Laps: 4 00:45:02	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:10:29.195 07:01 8.5mph		
						Split 2 00:10:31.370 07:03 8.5mph		
						Split 3 00:11:27.351 07:40 7.8mph		
						Split 4 00:12:33.202 08:25 7.1mph		
7	ALAN LYONS		M: 7	Cyclist	73	Laps: 4 00:45:14	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:10:05.961 06:46 8.9mph		
						Split 2 00:10:56.599 07:20 8.2mph		
						Split 3 00:11:55.121 07:59 7.5mph		
						Split 4 00:12:15.867 08:13 7.3mph		
8	MICHAEL COGHLAN		M: 8	Cyclist	61	Laps: 4 00:46:10	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:10:17.425 06:54 8.7mph		
						Split 2 00:11:19.180 07:35 7.9mph		
						Split 3 00:12:16.689 08:13 7.3mph		
						Split 4 00:12:16.775 08:14 7.3mph		
9	MICHAEL O'CONNOR		M: 9	Cyclist	66	Laps: 4 00:46:37	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:10:11.240 06:49 8.8mph		
						Split 2 00:11:41.047 07:50 7.7mph		
						Split 3 00:12:16.081 08:13 7.3mph		
						Split 4 00:12:28.327 08:21 7.2mph		



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Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed
10	WILLIAM ROCK		M: 10	Cyclist	69	Laps: 4 00:47:01	4	N/A
						<u>Split Description</u> <u>Split Time</u>	<u>Pace</u>	<u>Speed</u>
						Split 1 00:10:39.405	07:08	8.4mph
						Split 2 00:11:36.519	07:47	7.7mph
						Split 3 00:12:04.226	08:05	7.4mph
						Split 4 00:12:40.332	08:29	7.1mph
11	DAVID BAILY		M: 11	Cyclist	58	Laps: 4 00:47:35	4	N/A
						<u>Split Description</u> <u>Split Time</u>	<u>Pace</u>	<u>Speed</u>
						Split 1 00:10:31.477	07:03	8.5mph
						Split 2 00:11:57.367	08:01	7.5mph
						Split 3 00:11:50.103	07:56	7.6mph
						Split 4 00:13:15.533	08:53	6.7mph
12	TERENCE REA		M: 12	Cyclist	45	Laps: 4 00:47:58	4	N/A
						<u>Split Description</u> <u>Split Time</u>	<u>Pace</u>	<u>Speed</u>
						Split 1 00:11:23.890	07:38	7.9mph
						Split 2 00:11:31.880	07:43	7.8mph
						Split 3 00:13:02.809	08:44	6.9mph
						Split 4 00:11:59.396	08:02	7.5mph
13	JAMES O'SULLIVAN		M: 13	Cyclist	52	Laps: 4 00:48:15	4	N/A
						<u>Split Description</u> <u>Split Time</u>	<u>Pace</u>	<u>Speed</u>
						Split 1 00:09:59.697	06:42	9.0mph
						Split 2 00:12:08.456	08:08	7.4mph
						Split 3 00:13:19.724	08:56	6.7mph
						Split 4 00:12:47.056	08:34	7.0mph
14	BRIAN MCCARTHY		M: 14	Cyclist	50	Laps: 4 00:49:38	4	N/A
						<u>Split Description</u> <u>Split Time</u>	<u>Pace</u>	<u>Speed</u>
						Split 1 00:11:41.765	07:50	7.7mph
						Split 2 00:12:18.646	08:15	7.3mph
						Split 3 00:12:59.817	08:42	6.9mph
						Split 4 00:12:37.608	08:28	7.1mph
15	EAMONN SWEENEY		M: 15	Cyclist	56	Laps: 4 00:49:51	4	N/A
						<u>Split Description</u> <u>Split Time</u>	<u>Pace</u>	<u>Speed</u>
						Split 1 00:11:41.830	07:50	7.6mph
						Split 2 00:12:26.509	08:20	7.2mph
						Split 3 00:13:04.576	08:46	6.8mph
						Split 4 00:12:38.081	08:28	7.1mph
16	ROSS CULLOTY		M: 16	Cyclist	43	Laps: 4 00:50:04	4	N/A
						<u>Split Description</u> <u>Split Time</u>	<u>Pace</u>	<u>Speed</u>
						Split 1 00:11:16.210	07:33	7.9mph
						Split 2 00:12:07.234	08:07	7.4mph
						Split 3 00:13:11.840	08:50	6.8mph
						Split 4 00:13:28.445	09:02	6.6mph
17	ANTHONY KENNEALLY		M: 17	Cyclist	33	Laps: 4 00:50:05	4	N/A
						<u>Split Description</u> <u>Split Time</u>	<u>Pace</u>	<u>Speed</u>
						Split 1 00:11:08.186	07:28	8.0mph
						Split 2 00:12:29.831	08:22	7.2mph
						Split 3 00:12:46.006	08:33	7.0mph
						Split 4 00:13:40.512	09:10	6.5mph
18	ROB WILLIAMS		M: 18	Cyclist	59	Laps: 4 00:51:04	4	N/A
						<u>Split Description</u> <u>Split Time</u>	<u>Pace</u>	<u>Speed</u>
						Split 1 00:12:16.194	08:13	7.3mph
						Split 2 00:12:47.422	08:34	7.0mph
						Split 3 00:12:38.184	08:28	7.1mph
						Split 4 00:13:21.516	08:57	6.7mph



# "B" Race St.Finbarrs CX 2019

Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed
19	MICHAEL SHINE		M: 19	Cyclist	40	Laps: 4 00:51:57	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:10:52.754 07:17 8.2mph		
						Split 2 00:12:17.362 08:14 7.3mph		
						Split 3 00:14:43.305 09:52 6.1mph		
						Split 4 00:14:02.699 09:25 6.4mph		
20	MARK MCMANUS		M: 20	Cyclist	37	Laps: 4 00:51:58	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:11:02.227 07:24 8.1mph		
						Split 2 00:12:29.429 08:22 7.2mph		
						Split 3 00:13:58.900 09:22 6.4mph		
						Split 4 00:14:26.900 09:41 6.2mph		
21	PETER POWER		M: 21	Cyclist	39	Laps: 4 00:52:30	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:11:39.630 07:49 7.7mph		
						Split 2 00:13:02.324 08:44 6.9mph		
						Split 3 00:13:49.610 09:16 6.5mph		
						Split 4 00:13:58.410 09:22 6.4mph		
22	CIAN MURPHY		M: 22	Cyclist	68	Laps: 4 00:52:34	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:12:03.902 08:05 7.4mph		
						Split 2 00:13:07.283 08:47 6.8mph		
						Split 3 00:13:34.823 09:06 6.6mph		
						Split 4 00:13:47.988 09:15 6.5mph		
23	STEPHEN QUIN		M: 23	Cyclist	63	Laps: 4 00:53:03	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:11:42.450 07:51 7.6mph		
						Split 2 00:13:57.770 09:21 6.4mph		
						Split 3 00:13:40.980 09:10 6.5mph		
						Split 4 00:13:41.892 09:11 6.5mph		
24	TYRONE KENNEDY		M: 24	Cyclist	71	Laps: 4 00:53:58	4	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:11:31.667 07:43 7.8mph		
						Split 2 00:14:00.013 09:23 6.4mph		
						Split 3 00:13:53.740 09:19 6.4mph		
						Split 4 00:14:31.904 09:44 6.2mph		
25	BARRY TWOHIG		M: 25	Cyclist	34	Laps: 3 00:32:30	3	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:09:46.218 06:33 9.2mph		
						Split 2 00:11:15.440 07:32 7.9mph		
						Split 3 00:11:28.287 07:41 7.8mph		
26	GERRY LATTIMORE		M: 26	Cyclist	35	Laps: 3 00:38:30	3	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:11:31.444 07:43 7.8mph		
						Split 2 00:12:52.966 08:38 6.9mph		
						Split 3 00:14:04.805 09:26 6.4mph		
27	NIALL O'CONNELL		M: 27	Cyclist	51	Laps: 3 00:39:46	3	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:11:52.757 07:57 7.5mph		
						Split 2 00:13:39.882 09:09 6.5mph		
						Split 3 00:14:13.073 09:32 6.3mph		
28	TOMAS MULQUEEN		M: 28	Cyclist	44	Laps: 3 00:39:49	3	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:12:11.727 08:10 7.3mph		
						Split 2 00:12:49.973 08:36 7.0mph		

Split 3 00:14:46.598

09:54

6.1mph

**"The Race Timing Guy" (JK RACING)**

**Printed: 07/10/2019 08:06:14**

# "B" Race St.Finbarrs CX 2019

Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed
29	BRENDAN HENNESSY		M: 29	Cyclist	48	Laps: 3 00:41:05	3	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:11:29.572 07:42 7.8mph		
						Split 2 00:13:53.832 09:19 6.4mph		
						Split 3 00:15:41.097 10:31 5.7mph		
30	PETER NEVILLE		M: 30	Cyclist	54	Laps: 3 00:45:21	3	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:13:25.544 09:00 6.7mph		
						Split 2 00:15:42.161 10:31 5.7mph		
						Split 3 00:16:13.351 10:52 5.5mph		
31	PAT MCHUGH		M: 31	Cyclist	53	Laps: 3 00:48:32	3	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:13:45.779 09:13 6.5mph		
						Split 2 00:16:29.658 11:03 5.4mph		
						Split 3 00:18:16.442 12:15 4.9mph		
32	SHARON KENNEDY		F: 1	Cyclist	67	Laps: 3 00:50:29	3	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:15:29.332 10:23 5.8mph		
						Split 2 00:16:51.303 11:18 5.3mph		
						Split 3 00:18:07.624 12:09 4.9mph		
33	BRIAN LYONS		M: 32	Cyclist	49	Laps: 3 00:54:36	3	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:16:15.178 10:53 5.5mph		
						Split 2 00:18:49.458 12:37 4.8mph		
						Split 3 00:19:31.198 13:05 4.6mph		
34	EOGHAN BARRY		M: 33	Cyclist	65	Laps: 2 00:25:24	2	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:11:23.405 07:38 7.9mph		
						Split 2 00:14:00.391 09:23 6.4mph		
35	LIAM KENNEDY		M: 34	Cyclist	64	Laps: 1 00:12:01	1	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:12:00.958 08:03 7.4mph		
36	MARK O'DRISCOLL		M: 35	Cyclist	72	Laps: 1 00:12:50	1	N/A
						<u>Split Description</u> <u>Split Time</u> <u>Pace</u> <u>Speed</u>		
						Split 1 00:12:49.420 08:35 7.0mph		





**Division Rank**

Overall Cyclist: 1

**Cumulative**

00:08:54.422

00:18:40.943

00:28:55.213

00:39:46.610

Overall Cyclist: 2

**Cumulative**

00:09:44.052

00:20:42.317

00:32:27.126

00:44:26.056

Overall Cyclist: 3

**Cumulative**

00:10:11.702

00:21:06.663

00:32:30.875

00:44:34.194

:

**Cumulative**

00:10:03.660

00:21:01.147

00:32:36.661

00:44:36.420

M40: 1

**Cumulative**

00:10:06.284

00:21:08.980

00:32:48.073

00:44:53.427

M40: 2

**Cumulative**

00:10:29.195

00:21:00.565

00:32:27.916

00:45:01.118

:

**Cumulative**

00:10:05.961

00:21:02.560

00:32:57.681

00:45:13.548

M40: 3

**Cumulative**

00:10:17.425

00:21:36.605

00:33:53.294

00:46:10.069

M40: 4

**Cumulative**

00:10:11.240

00:21:52.287

00:34:08.368

00:46:36.695



**Division Rank**

M50: 1

**Cumulative**

00:10:39.405

00:22:15.924

00:34:20.150

00:47:00.482

M50: 2

**Cumulative**

00:10:31.477

00:22:28.844

00:34:18.947

00:47:34.480

M40: 5

**Cumulative**

00:11:23.890

00:22:55.770

00:35:58.579

00:47:57.975

:

**Cumulative**

00:09:59.697

00:22:08.153

00:35:27.877

00:48:14.933

M40: 6

**Cumulative**

00:11:41.765

00:24:00.411

00:37:00.228

00:49:37.836

M50: 3

**Cumulative**

00:11:41.830

00:24:08.339

00:37:12.915

00:49:50.996

:

**Cumulative**

00:11:16.210

00:23:23.444

00:36:35.284

00:50:03.729

M40: 7

**Cumulative**

00:11:08.186

00:23:38.017

00:36:24.023

00:50:04.535

M40: 8

**Cumulative**

00:12:16.194

00:25:03.616

00:37:41.800

00:51:03.316



**Division Rank**

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M40: 9

**Cumulative**

00:10:52.754  
00:23:10.116  
00:37:53.421  
00:51:56.120

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M40: 10

**Cumulative**

00:11:02.227  
00:23:31.656  
00:37:30.556  
00:51:57.456

---

M40: 11

**Cumulative**

00:11:39.630  
00:24:41.954  
00:38:31.564  
00:52:29.974

---

M40: 12

**Cumulative**

00:12:03.902  
00:25:11.185  
00:38:46.008  
00:52:33.996

---

:

**Cumulative**

00:11:42.450  
00:25:40.220  
00:39:21.200  
00:53:03.092

---

:

**Cumulative**

00:11:31.667  
00:25:31.680  
00:39:25.420  
00:53:57.324

---

M40: 13

**Cumulative**

00:09:46.218  
00:21:01.658  
00:32:29.945

---

M40: 14

**Cumulative**

00:11:31.444  
00:24:24.410  
00:38:29.215

---

M50: 4

**Cumulative**

00:11:52.757  
00:25:32.639  
00:39:45.712

---

M40: 15

**Cumulative**

00:12:11.727  
00:25:01.700



**Division Rank**

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M40: 16

**Cumulative**

00:11:29.572

00:25:23.404

00:41:04.501

---

M50: 5

**Cumulative**

00:13:25.544

00:29:07.705

00:45:21.056

---

M40: 17

**Cumulative**

00:13:45.779

00:30:15.437

00:48:31.879

---

M40: 18

**Cumulative**

00:15:29.332

00:32:20.635

00:50:28.259

---

M40: 19

**Cumulative**

00:16:15.178

00:35:04.636

00:54:35.834

---

M40: 20

**Cumulative**

00:11:23.405

00:25:23.796

---

M50: 6

**Cumulative**

00:12:00.958

---

:

**Cumulative**

00:12:49.420

